

How to organise your group screening session

Scan here to fill out an expression of interest form:



To find out more information or to organise group screening sessions via phone or email, please contact **Danika Gasparini**, Health Promotion Officer.

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For more information on breast screening: breastscreen.org.au



Translated information on breast screening: breastscreen.org.au/translations



BreastScreen Victoria acknowledges the support of the Victorian Government.



Screen with friends

Group screening sessions with BreastScreen Victoria



What is a breast screen?

A breast screen (mammogram) is an x-ray image of the breast, recommended every two years from ages **50 to 74 years old**. Breast screens can find cancers that are too small to feel.

Why is it important to screen every two years?

Around 79% of all breast cancers are found in women aged **50 years and older**. Having a regular breast screen every two years means your breasts can be checked for any changes over time.

For information on who should get screened, please visit breastscreen.org.au

Breast screening



is **free**.



takes about **10 minutes**.



doesn't need a **doctor's referral**.



is provided by **female radiographers**.



COVID safety measures in place.

What is a group screening session?

A group screening session (group booking) is a culturally safe way for women to get a mammogram with **friends, family or members of their community**. It allows the group to travel together and support each other.

How many women can attend a group screening session?

Group screening sessions are suitable for **4-10** women.

What happens on the day of the group screening session?

Back-to-back mammogram appointments will be set aside for the group. On the day, each group member will be **screened individually**.

Benefits of group breast screening sessions



Supportive way to screen.



Free in-person interpreter.



Greater **privacy** for the group.



Free group transport to and from the BreastScreen clinic.