

Stay healthy  
for your  
family.  
Your family  
needs you.

Cancer information and  
support call **13 11 20**, or  
visit **cancervic.org.au**

## For more information

If you would prefer to speak to someone  
in your own language, please call **13 14 50**  
and ask for **Cancer Council Victoria**.

## Your appointments

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### Speak to your doctor about bowel screening

Or call the National Bowel Cancer  
Screening Program to find out when  
you will receive a home screening  
test on **1800 627 701**

Date: \_\_\_\_\_

Location: \_\_\_\_\_

☐

### Book your breast screen

Visit [breastscreen.org.au](http://breastscreen.org.au) or **13 20 50**

Date: \_\_\_\_\_

Location: \_\_\_\_\_

☐

### Book your Cervical Screening Test

Find a provider at [cancervic.org.au/  
CervicalDirectory](http://cancervic.org.au/CervicalDirectory) or to find out more  
about cervical screening call the  
**Cancer Council on 13 11 20**

Date: \_\_\_\_\_

Location: \_\_\_\_\_



# Be screened. Live longer.

**Your cancer risk increases from  
the age of 50**

Screening helps you find cancer early  
or even prevent it.

- > Bowel cancer
- > Breast cancer
- > Cervical cancer



## Bowel screening

**If you're aged 50-74**, you should screen for bowel cancer every two years using the free home screening test.

The test looks for blood in a bowel motion (poo) that we may not be able to see and could be a sign of bowel cancer. You can do the test at home.

The test is for men and women with no signs or symptoms and no significant family history of bowel cancer.

Free home screening tests are sent in the mail to people aged 50-74 every two years as part of the National Bowel Cancer Screening Program.

**Cost Free through the national program.**



**Over 9 in 10 bowel cancers can be successfully treated if found early.**

## Breast screening

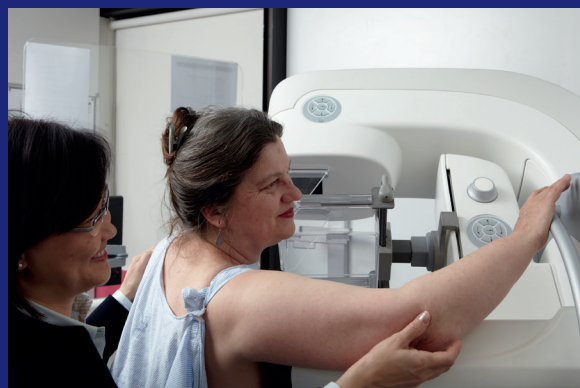
**If you're aged 50-74**, you should have a breast screen every two years.

A breast screen (x-ray) looks for cancer in your breasts.

The breast screen is done in private with a female radiographer and only takes a few minutes. You can take a friend or family member if it makes you feel more comfortable.

A breast screen is for women with no signs or symptoms of breast cancer and no significant family history of breast or ovarian cancer.

**Cost Free through BreastScreen Victoria.**



**The earlier breast cancer is found, the better chance of successful treatment.**

## Cervical screening

**If you're aged 25-74** and have ever been sexually active, you should have a Cervical Screening Test every five years.

You need Cervical Screening Tests even after the HPV vaccine or menopause.

Cervical Screening Tests look for HPV that may over time develop into cervical cancer if not treated.

A doctor or nurse can provide a Cervical Screening Test.

The Cervical Screening Test is for women with no signs or symptoms of cervical cancer.

**Cost Some clinics provide free cervical screening. Check the cost when making your appointment.**



**Cervical screening could save your life.**