

# Signs and symptoms of breast cancer

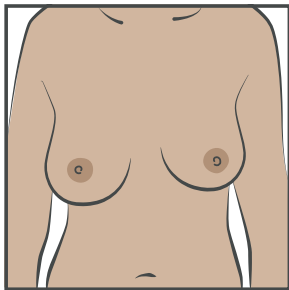
It is important that any symptoms or breast changes are properly investigated by your doctor.

This may include:

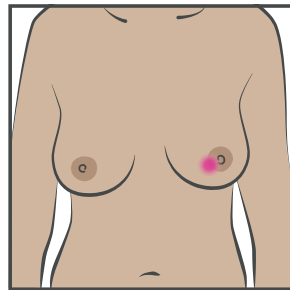
- physical examination of your breasts
- mammogram
- other tests that may be required

As well as having your regular breast screen every two years, it is important to be breast aware because breast cancer can develop at any time. We recommend you get to know the normal look and feel of your breasts. If you find a breast change that is unusual for you, we recommend that you do **not** visit BreastScreen Victoria – **you should see your doctor without delay.**

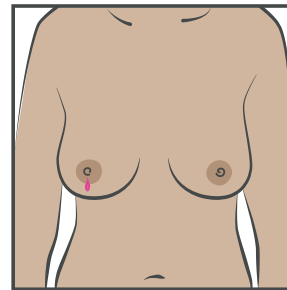
## Signs and symptoms to look out for:



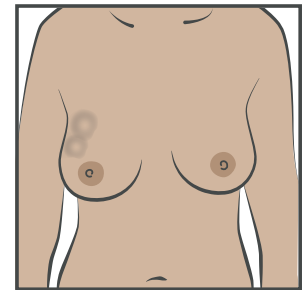
A change in the size or shape of your breasts



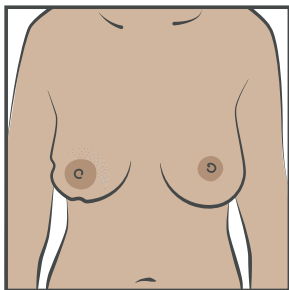
A change to the nipple such as crusting, redness



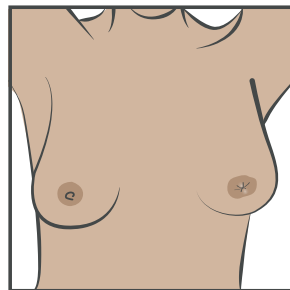
A nipple discharge (liquid) that occurs without squeezing



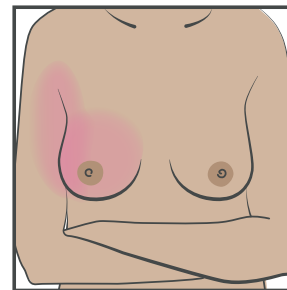
A new lump or lumpiness, especially if it's only in one breast



A change in the skin, such as puckering or dimpling (like orange peel)



Your nipple becoming inverted (or pulled in)



An unusual pain that does not go away

Most breast changes are not due to cancer, but it's important to see a doctor to be sure. For more information go to [Cancer Australia's Resources Library](#) and search for "Do you have a breast change?"

Book at [breastscreen.org.au](https://breastscreen.org.au) or call **13 20 50**



For more information or to change your details, visit [breastscreen.org.au](https://breastscreen.org.au) or call **13 20 50**



For interpreter assistance call **13 14 50**



Translated information: [breastscreen.org.au/translations](https://breastscreen.org.au/translations)

**TTY 13 36 77** if you have hearing or speech difficulties



BreastScreen Victoria acknowledges the support of the Victorian Government.